

How Persians celebrate the New Year

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Abstract

Investigating different cultures all around the world, as it is obviously apparent, is one of the crucial ways to discover the way people live and behave in various parts of this universe. The idea of knowing about different cultures has always fascinated many people as the world is becoming a multicultural environment. The significance of understanding different cultures lies in the fact that individuals are going to meet people with a totally different culture and experience new situations, either by welcoming foreigners to their home country or by living in a foreign country for some years, which might be quite unfamiliar to them. One of these amazing places is the land of Persia which has been a pivotal territory since the very early stages. Many foreigners are favorably impressed by Iranian cultural diversity all around this vast country. It has been a magnet for those interested in studying the history and traditions of other cultures.

This land has a variety of traditions and customs which attracts people's attention from the very old generations to the very young. One of the most interesting traditions of Iran is how Iranians celebrate the New Year. Iranians find spring as a rebirth or "Zendegi-e-Dobare". For the sake of this, they celebrate the first day of Iranian's Year, first day of Spring in Persian Calendar, called "Nowruz". New life brought by spring fills hearts with joy and cheerfulness. Persian's celebrate Nowruz by drinking, dancing and reading poetry books for family and friends. On this special day, all the family members gather together and set a tabletop named "Haft-Seen". Haft-Seen represents the identical and precious value of humanity, eternal love, joy and happiness, which is a symbol of Persian's enriched culture.

To summarize, getting familiar with other's culture is like an open gate to a new world, it will fulfill human sense of adventure and creates a better understanding of the world around us.